



*Five decades of service to our community*

**Berkeley County Meals on Wheels, Inc.**

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## ONGOING LIST OF NON-PERISHABLE ITEMS USED AT BERKELEY COUNTY MEALS ON WHEELS

### ONCE A WEEK:

- APPLESAUCE 12 (#10 CANS)
- VEGETABLES 12 (#10 CANS) CORN, GREEN BEANS, PEAS, CARROTS, MIXED VEGETABLES

### THREE TIMES A MONTH:

SLICED OR WHOLE POTATOES 12 (#10 CANS)

### ONCE A MONTH

- BAKED BEANS 12 (#10 CANS)
- PUDDING 12 (#10 CANS) CHOCOLATE, VANILLA, BUTTERSCOTCH
- SAUERKRAUT 12 (#10 CANS)
- SPAGHETTI SAUCE 12 (#10 CANS)
- CANNED FRUIT 12 (#10 CANS)
- TOMATO SAUCE 12 (#10 CANS)
- 200 BAGS OF INDIVIDUAL POTATOE CHIPS
- PAR BOILED WHITE RICE LARGE BAGS
- CHOCOLATE AND YELLOW CAKE MIXES
- BROWNIE MIX
- CHERRY PIE FILLING 12 (#10 CANS)
- APPLIE PIE FILLING 12 (#10 CANS)
- BBQ SAUCE ONE GALLON PER MONTH
- APPLE CIDAR VINEGAR ONE GALLON PER MONTH

### TWICE A MONTH:

- READY TO SERVE GRAVY 12 (#10 CANS)
- MANDARINE ORANGES 12 (#10 CANS)
- THREE BEAN SALAD 12 (#10 CANS)
- SWEET POTATOES 12 (#10 CANS)
- CHICKEN AND BEEF BROTH LARGE CANS
- ITALIAN DRESSING
- FRENCH DRESSING

SPICES: CINNAMON, NUTMEG, PEPPER, LEMON PEPPER

FLOUR

SUGAR

ELBOW MACARONI

ZITI NOODLES, RIGATONI NOODLES

RAISIN BRAN CEREAL

MAYO/KETCHUP

PAM SPRAY